



HOME	ABOUT US	NEWS & EVENTS	BOARD MEMBERS	STAFF AWARDS	ENGAGEMENT SURVEY
------	----------	---------------	---------------	--------------	-------------------

NEWSLETTER

SPRING 2015, VOLUME 10, ISSUE 3

Staff Celebration Week May 1 - 8, 2015

UCSB's Annual Staff Celebration Week is set for the week of Friday, May 1st through Friday, May 8th. Planned and sponsored by the Chancellor's Staff Advisory Council (CSAC), Staff Celebration Week will honor Staff throughout the extended week with many activities.

Staff Assembly will present the Staff Citation of Excellence Awards at the Chancellor's Staff Luncheon on Friday, May 8th from 11:00 - 1:00 on the Faculty Club Green. Ten Staff members will receive an award of recognition and \$500 for their outstanding service to UCSB. Come celebrate your coworkers!

Staff Assembly Events During Staff Celebration Week

Staff Social and Spring Arts & Crafts Bazaar Friday, May 1st from 2:00 to 4:00, Recreation Center Pavilion Lawn



Staff Social: The 9th Annual Staff Social is hosted by ABOG, CSAC, PWA and Staff Assembly. Come relax with friends, food, and fun! Enjoy an afternoon of refreshments, live music, prize drawings, and the Spring Arts & Crafts Bazaar! Don't forget your wallet.

SA Arts & Crafts Bazaar: Shop local by supporting the talents of your fellow staff members. Staff artisans will be selling their own arts and crafts during the Staff Social. Check back on our website after April 27th for a list of vendors and items for sale.



Everyone who brings an item for the AS Food Bank will receive a ticket to enter our drawing for items made and donated by the vendors. Check out their web site <http://foodbank.as.ucsb.edu/> for a list of items needed.

Vendor Information:

- No charge to participate but vendors are asked to donate at least one item for a drawing benefiting the UCSB Associated Students Food Bank.
- Provide your own tables, tent, and chairs (two table limit per vendor) and be responsible for set up and clean up.
- Send an email by Friday, April 24th with your name, contact information, and description of what you would like to sell to Greta Halle at greta@cs.ucsb.edu.

Staff Celebration Week Highlights

MAY 1	Staff Social and Arts & Crafts Bazaar 2:00 - 4:00pm Rec Cen Pavilion Lawn
MAY 4	Staff Ice Cream Social Noon - 1:00pm SAASB Courtyard
MAY 7	Staff Cookie Taste Off Noon - 1:00pm SRB Multipurpose Rm
MAY 8	Chancellor's Staff Luncheon 11:00am - 1:00pm Faculty Club Green

Staff Assembly Celebration Week Prize Drawing

[Entry Form](#)

Entry Deadline:
Friday, May 1st, 2015

Send via Campus Mail to:
Erica Losada
Executive Vice Chancellor's Office, Mail Code 2035

UCSB Wellness

Gauche Wellness - The Gauche Wellness Committee's mission is to promote the

Staff Ice Cream Social

Monday, May 4th from noon to 1:00, Student Affairs & Administrative Services Bldg Courtyard



Come meet and socialize with fellow staff members. Senior campus administrators will be serving up your favorite flavors. Sponsored by Staff Assembly, the Staff Ice Cream Social will be held in the SAASB Courtyard. Staff Assembly would like to acknowledge Housing and Residential Services, Athletics, and Furniture Services for helping make this event possible.

Staff Cookie Tasteoff

Thursday, May 7th at noon, Student Resources Bldg Multipurpose Room

Calling All Staff Bakers! To enter, send the name of your cookie and the recipe to Dana Huffman (via email at dana.huffman@sa.ucsb.edu or by mail at SHS/Mail Code 7002). On the day of the contest, simply bring a dozen or two of your delicious cookie creation and let the judging begin!



Entry Deadline: Friday, May 1st, 2015

Staff Citation of Excellence Awards and Celebration Week Drawing

Friday, May 8th from 11:00 to 1:00 at the Staff Luncheon on the Faculty Club Green



SA Citation of Excellence Awards: 2015 Citation of Excellence Awardees will be announced at the Staff Luncheon.

SA Celebration Week Drawing: In appreciation of all UCSB staff and the services they provide, many local businesses and campus organizations have donated prizes for this year's Staff Assembly drawing. Drawing winners will be announced at the Chancellor's Staff Luncheon on Friday, May 8th.

Winners need not be present to win. Simply complete and return the [entry form](#) by the deadline on Friday, May 1st, 2015. Entries will not be accepted after the deadline or at the luncheon.

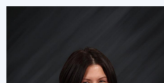
Wellness Is a Lifelong Pursuit

And sometimes we all need a little encouragement. That's why [UC Living Well](#) offers programs, activities and resources to support your health and well-being. UC Living Well has something for everyone* including:

- Campus and health system wellness programs
- Wellness resources available through your medical plan
- Total Health Profile and Wellness Coaching

To learn more about all that is available, visit the new UC Living Well website at <http://ucnet.universityofcalifornia.edu/working-at-uc/livingwell/>. It's your one-stop resource for all things UC Living Well. You'll find relevant wellness news, events and information on how to access everything that is available to you as part of UC Living Well.

Get Support Today!



Want support on your road to wellness *and* a \$75 gift card*? Reach out to Sandy Wilson, Optum Wellness Specialist, for a free wellness consultation. She can

overall well-being and happiness of staff and faculty. Learn more [here](#) and follow them on [Facebook](#) to learn about events and resources on campus.

UC Walks - Join fellow Gauchos and other UC staff & faculty and **walk for 30 minutes on May 20th**. There will be **giveaways** and **prizes** as well as **free t-shirts** (supplies limited). Contact the Rec Cen for more information; H&R staff, contact Feras Madaa at x2870 for more information. Watch the UC 2015 UC Walks [video](#).

Need resources for quitting tobacco? You can do it! Find local and health plan resources for quitting [here](#) - most are free.

Read more about Wellness and UC Living Well [below](#).




answer your questions regarding UC Living Well programs and services, help you register for and navigate the Optum wellness website (to earn your gift card), and assist you in finding the support you need to make positive lifestyle changes.

Schedule an appointment with Sandy:

Sandy Wilson, Optum Wellness Specialist

sandy.wilson@optum.com 

(480) 296-8696

*Employees and retirees enrolled in a UC-sponsored group medical plan are welcome to participate in UC Living Well and, if eligible, earn the incentive. If you are a member of certain unions, you may not be eligible for the incentive. For a list of eligible unions, please visit <http://ucnet.universityofcalifornia.edu/working-at-uc/livingwell/> . Also, participation in on-site campus/health system wellness programs varies by campus; contact your location's Wellness Coordinator for details.